



Small groups that focus on the Big Idea for the week can use this guide to apply the message to life and take action. Feel free to use whatever parts of this guide best fit your group personality and time frame. Do NOT feel like you have to use every question. All verses, unless otherwise noted, are from the New International Version (NIV).

8.1/2.09 // WHY-FI – Questions About Sex

BiG IDEA: If you're trapped in any sexual sin, ask God for forgiveness and help.

// Ice Breaker _____

Option 1: In the past, what did you assume God had to do with sex? What was your impression of the Bible's view, or Christianity's view on sex?

Option 2: Do you think churches address such intimate issues in weekend services? What did you think about Brett directly addressing the kinds of subjects he did: Did he go too far (TMI)? Not far enough? Just right?

// Questions for Discussion _____

Brett said that some may feel uncomfortable and even offended at discussing private issues like these in a public way. But these are real issues people are struggling with, and asking about. Since this is a sensitive subject, be sure to use discretion in your conversations, especially if this is a mixed-gender group. Skip over any questions you are uncomfortable with.

1. What is the world's view of sex? Can you give some examples of the "lies" we hear in our culture?

2. Read Hebrews 13:4

Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.

What are some of the problems with sex outside of marriage? What can be the consequences personally? For the family? For society?

3. Read 1 Corinthians 6:16

Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh."

Can there ever be such a thing as "casual sex?" Why or why not?

How does sex provide a "spiritual superglue effect?"

4. Read 1 Corinthians 7:4-5

⁴The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife. ⁵Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.

Read Philippians 2:4

Each of you should look not only to your own interests, but also to the interests of others.

What should someone's attitude be toward his/her spouse in the bedroom?

5. Read 1 Thessalonians 4: 1-6

¹Finally, brothers, we instructed you how to live in order to please God, as in fact you are living. Now we ask you and urge you in the Lord Jesus to do this more and more. ²For you know what instructions we gave you by the authority of the Lord Jesus. ³It is God's will that you should be sanctified: that you should avoid sexual immorality; ⁴that each of you should learn to control his own body in a way that is holy and honorable, ⁵not in passionate lust like the heathen, who do not know God; ⁶and that in this matter no one should wrong his brother or take advantage of him. The Lord will punish men for all such sins, as we have already told you and warned you.

How is temptation different than sin?

"If you don't intend to go inside the house, don't stand on the front porch."

What are some practical ways to "stay off the porch" and learn self-control in the battle against temptation?

6. Read Romans 1:26-27

²⁶Because of this, God gave them over to shameful lusts. Even their women exchanged natural relations for unnatural ones. ²⁷In the same way the men also abandoned natural relations with women and were inflamed with lust for one another. Men committed indecent acts with other men, and received in themselves the due penalty for their perversion.

Read 1 Corinthians 6:9-10

⁹Do you not know that the wicked will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor male prostitutes nor homosexual offenders ¹⁰nor thieves nor the greedy nor drunkards nor slanderers nor swindlers will inherit the kingdom of God.

What is the world's view of homosexuality?

What is God's view of homosexuality? Is it worse than other kinds of sexual sin?

What is the world's view of the church's view of homosexuality? How can the church better represent Christ in this area?

7. A recent Barna poll notes that 60% of Christians in their 20s and 30s believed that pre-marital sex is acceptable. Why do you think it is that high?

What advice would you give someone who is not married and tempted to have pre-marital sex?

How would you answer someone who says that living together is good preparation for marriage?

8. Read Ephesians 5:3

But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.

The Bible doesn't make a specific list of approved activities or "how far is too far." What do you think of the guideline that you shouldn't be doing anything that you would be ashamed (not just embarrassed) to have someone seeing you do?

What should be a Christian's goal or purpose when it comes to dating?

9. Read Matthew 5:27-28

²⁷"You have heard that it was said, 'Do not commit adultery.'²⁸But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.

How is it a "lie" to say that looking at pornography is harmless?

What steps could you take, or have taken to prevent you and your children from getting involved in pornography?

10. Read 1 Corinthians 6:9-11 (NLT)

Don't you realize that those who do wrong will not inherit the Kingdom of God? Don't fool yourselves. Those who indulge in sexual sin, or who worship idols, or commit adultery, or are male prostitutes, or practice homosexuality, ¹⁰ or are thieves, or greedy people, or drunkards, or are abusive, or cheat people—none of these will inherit the Kingdom of God. ¹¹ Some of you were once like that. But you were cleansed; you were made holy; you were made right with God by calling on the name of the Lord Jesus Christ and by the Spirit of our God.

What hope would you offer to someone who tells you they're trapped in sexual sins?

// Application _____

Read and commit to memory 2 Corinthians 10:5

...We take captive every thought to make it obedient to Christ.

Assess your views on sex.

- Do you believe any lies?
- Are you in any sexual immorality?

Ask God for forgiveness and help

// Prayer _____

Pray for those caught up in sexual immorality to find freedom.
Pray that God's truth will replace cultural lies about sex.